

East West Bridge  
19400 Turkey Road  
Rockville, VA 23146



# HEART AWAKENING

Join the Spirit Wheel  
24-Hour Vision Quest  
& 10 Round Sweat Lodge

...and explore your visionary nature with  
international teacher, healer, and author

Rev. Sally Perry, Spirit Medicine



March 31 - April 1, 2007  
1 pm Saturday - 3 pm Sunday



Rev. Sally Perry, Spirit Medicine, is a part Cherokee Medicine Woman, internationally known humanitarian visionary healer, teacher and writer. She is now teaching from the Figure 8 Medicine Wheel and offers:

- Vision Quest
- World Peace Dances  
(continuing Joseph Rael, Beautiful Painted Arrow's visions)
- Spiritual Retreats
- East/West Bridge Long Dances
- Educational & Spiritual Journeys to India

Sally's latest book *Chronicles of a Healer* is available at bookstores through New Leaf Distributors.

For more information see:  
[www.sallyperry.net](http://www.sallyperry.net)



Akhand Param Dham of America is a non-profit organization established for Swami Paramahansa and Reverend Sally Perry's work in the U.S.

Healing Heart  
Wheel  
& Lodge



Rockville, Virginia

# VISION QUEST

Prepare for internal answers and sharing through ceremony and personal vision. The week prior to your quest, eat lightly (fish, rice, vegetables and/or fruit) and drink plenty of water. We will dry fast after the sweat.

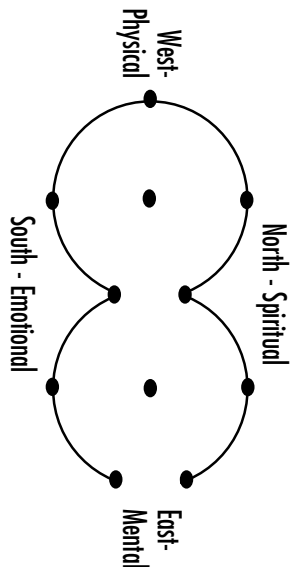


Figure Eight Spirit Wheel

**Date:** March 31 - April 1, 2007

**Location:**

East West Bridge  
19400 Turkey Road  
Rockville, VA 23146  
(804) 749-4679

**Cost:** \$350 + \$25 for feast and to feed  
Medicine people & helpers-  
\$375 total.

\$150 deposit requested.

**Mail registration to:**

East West Bridge  
19400 Turkey Road  
Rockville, VA 23146

**Make checks payable to:**

Akhand Param Dham of America  
*Register early, space is limited.*

## Check List

**Please bring the following items with you:**

- Sleeping bag; pillow; tarp, blanket, flashlight, bug repellent, sun screen
- Two pouches or bags of tobacco
- Sage, cedar and sweetgrass
- Drum or rattle
- Five stones, either crystals or stones you have found from the earth, to put around your sleeping area
- Personal items for your altar - pictures of family, teachers, masters such as Christ, Krishna, etc.
- Red, yellow, black, & white cotton material, 1/2 yd. ea.; scissors, string
- A journal and pen/pencil
- A "giveaway gift" (gift wrap something special of yours that is a sacrifice to give away)
- For the Sweat Lodge:  
Women wear long skirts & shirt or long dresses, men wear bathing suits or shorts. All natural materials are recommended
- Bring a change of clothes and extra layers to sleep in; also a towel, slip on shoes
- Bottled water for yourself
- Feast provided after quest

## Directions

- Heading west on Rte 64 take Oliville Exit (167).
- Bear right onto Rte 617.
- After passing Turkey Creek Road turn left onto Oliville Road/Pinhook Road (617).
- Go about 2 miles and turn left onto Turkey Road.
- Go about 1/2 mile to 19400 Turkey Road, driveway on the right.

### HEART AWAKENING ~ Drumming 24-Hour Vision Quest & Sweat Lodge ~ March 31 - April 1, 2007

Name: \_\_\_\_\_

Address: \_\_\_\_\_

email: \_\_\_\_\_

Telephone: Day \_\_\_\_\_ Eve \_\_\_\_\_

Enclosed is my deposit of \$ \_\_\_\_\_ Make checks payable to: **Akhand Param Dham of America.**

**Mail to: East West Bridge, 19400 Turkey Road, Rockville, VA 23146**